



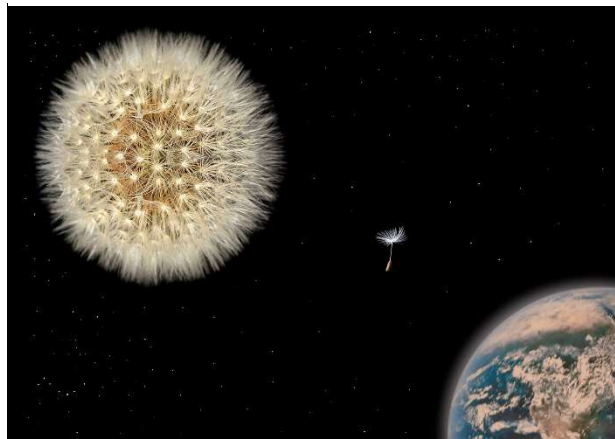
Friends of Watch Newsletter

Autumn 2019

Welcome to our Autumn Newsletter

AGM

Thank you to everyone who attended our AGM this year, we had some great speakers, but the show was stolen by singing! Director Kevin Townsend singing Streets of London & the girls with their version of This is me – both were brilliant & added a touch of class to the day.



“Space Seeds” is photograph by Colin Tracy & caught the eye of Julie Matthews, CEO. Julie explains “I see the dandelion in this picture like the ‘Watch Project’ which has evolved over some 12 years of peer support. A team, a family working together. Then a touch of wind and the seeds go into space on their own, finding their own way, with their own resilience”.

Walking the Exe Valley Way

Well done & thank you to Jeff, Julie & Maya who have over £500 pledged to date. Unfortunately due to unprecedented weather they have had to postpone parts of the walk – more details on our website for when the new dates will be. Heavy rain & the River Exe cause flooding, so we will do it when there is dryer weather.



And it's goodbye from me...

I'm very sorry to be leaving Watch ☹️ I've loved being part of this amazing team & will miss the fantastic work that is done by everyone. A new Friends Co-ordinator will be announced soon 😊 *Amanda Broom*

Member spotlight

In this edition, we don't just have one member to spotlight, but a whole group of them! Due to some wonderfully generous donations & grants, we have been able to provide members with more days out. Any such event is not just excellent for their health & wellbeing, it also helps with provide positivity for all involved. Days out are also supported by the places visited & we thank them all for their continued assistance. Especially Folly Farm ☺ . All trips are funded by Claire Milne trust, Tesco & Folly Farm.



Easy ways to help us fund raise...

We are looking for a group of friends who can meet regularly & perhaps organise an afternoon tea, auction, selling items on Ebay or any other ideas you may have. There are so many ways you can help fund raise, and all without costing you a penny! Here are some of the easiest ways:



www.easyfundraising.org.uk/causes/chardwatchcic/



www.localgiving.org/charity/chardwatchcic/

Stay in touch with us for more updates...



CHARD WATCH CIC



@theWATCHProject

<http://watchproject.org.uk/>

Sign up for regular updates to find out more about how Friends of Watch support Chard Watch Project:
JulieMatthews.Watchproject@gmail.com